

## The Building Mental Wellness (BMW) Learning Collaborative

<b>Where?</b>	<p>By June 2015, Ohio's <b>primary care</b> practice settings will be the <b>focal point</b> for children's behavioral health services by:</p> <ul style="list-style-type: none"> <li>• Developing a culture that supports the delivery of family-centered mental health services.</li> <li>• Developing skills to support the promotion, early identification and management of mental health concerns.</li> <li>• Designing and implementing integrated models of mental health care for the delivery of family-centered mental health care.</li> </ul>
<b>Why?</b>	<p>Primary care clinicians are often the <b>de facto source of care</b> for children and adolescents with emotional, developmental or behavioral (EDB) issues. These issues are often under-identified. Access to care is more challenging for families affected by these types of issues. They may feel their care is less family centered or coordinated than families with children who have other special health care needs.</p> <p>Primary care clinicians have a unique relationship with their patients and families and are often looked upon as the ideal champion for a myriad of evidence based practices. Because of these expanded clinical responsibilities in an evolving healthcare climate, clinicians face many time pressures. BMW provides an evidence based model of care using an <b>efficient, family centered approach</b> to drive culture change.</p>
<b>What?</b>	<p>BMW will assist practices achieve their goals through focus on the following areas: promoting <b>protective skills, screening</b> for early identification, practicing <b>office-based interventions</b>, increasing <b>linkages</b> with community resources, and <b>prescribing</b> psychotropic medication per using evidence based practices.</p>
<b>How?</b>	<p><b>Thirty primary care practices</b> are being recruited to participate in a learning network to:</p> <ol style="list-style-type: none"> <li>1. Develop and implement a family centered system of care for building mental wellness using Quality Improvement science.</li> <li>2. Obtain skills to support the promotion, early identification and management of mental health concerns in in primary care by demonstrating competency and confidence in these areas.</li> <li>3. Establish integrated models of mental health services in primary care.</li> </ol> <p><b>Learning opportunities</b> consist of participation in:</p> <ol style="list-style-type: none"> <li>4. One learning session to be held in             <ol style="list-style-type: none"> <li>a. Toledo on October 12, 2013</li> <li>b. Athens on November 9, 2013</li> <li>c. Cincinnati on February 22, 2014</li> <li>d. Cleveland on April 26, 2014</li> </ol> </li> <li>5. Four visits with BMW staff at your practice site</li> <li>6. Monthly data collection and webinars through an interactive video-teleconferencing format</li> <li>7. Self-paced, online learning modules completed at the learners' discretion</li> </ol> <p><i>Participating physicians will receive CME and Maintenance of Certification Part 4 credit, which will be provided by the Ohio Chapter, American Academy of Pediatrics.</i></p>

For any questions relating to the Building Mental Wellness Learning Collaborative, please contact the Ohio AAP Project Manager, Sean O'Hanlon, at [sohanlon@ohioaap.org](mailto:sohanlon@ohioaap.org) or by phone at 614.846.6258.