



Building Mental Wellness Caregiver Screening Form Scoring Criteria

Depression

Concerning if 2 of the 3 questions are positive.

Question 1 is positive if answer is: reports feeling depressed on 1 or more days during the past week.

Alcohol Use

Positive screen if answers: in the past 3 months

Intimate Partner Violence

Positive screen if answers “yes” to any of the 3 questions.

Family APGAR

For each question:

Almost Always – 2 points

Some of the time – 1 point

Hardly ever – 0

The scores for each of the five questions are then totaled:

A score of 7-10 suggests a highly functional family.

A score of 4-6 suggests a moderately dysfunctional family.

A score of 0-3 suggests a severely dysfunctional family.

Social Support

Number of People: 2 or less indicates weaker social support.

Understanding The Family APGAR

The acronym APGAR applies to the functional components of

Adaptability/Adaptation: the utilization of intra and extra-familial resources for problem solving when family equilibrium is stressed during a crisis.

Partnership: the sharing of decision making and nurturing responsibilities by family members.

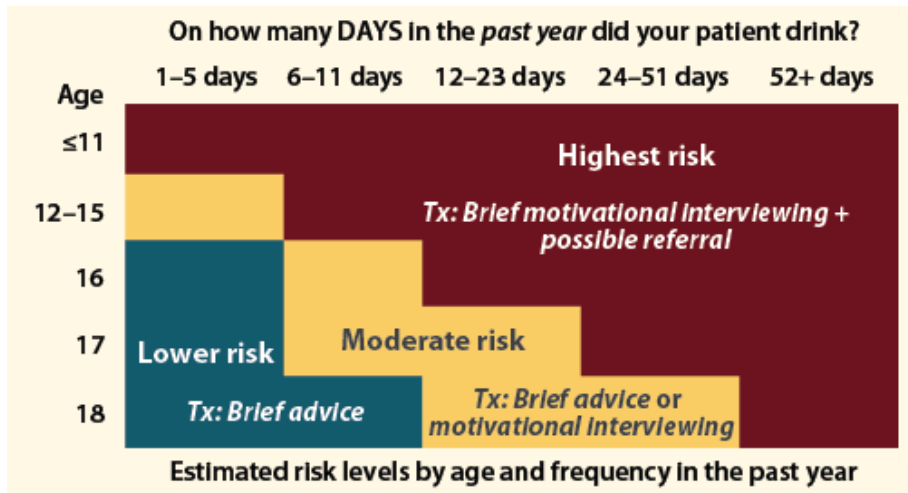
Growth: the physical and emotional maturation and self-fulfillment that is achieved by family members through mutual support and guidance.

Affection: the caring or loving relationship that exists among family members.

Resolve: the commitment to devote time to other members of the family for physical and emotional nurturing. It also usually involves a decision to share wealth and space.

Building Mental Wellness Child Screening Forms Scoring Criteria

Alcohol Use: Refer to NIAAA Guide for complete recommendations



Depression

Positive if answers “Yes” to at least one question

Family APGAR

For each question:

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- Some of the time – 1 point
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